



**THE MEMORY
CARE ALLIANCE**

The road of a caregiver is a long one.
...are you prepared for your journey?

Prepare to Care

A Caregiver's Guide to Success



"This course gave me the education and understanding to be able to care for my wife with the dignity and respect she deserves." - Mr. T.

"You pulled back the curtain and discussed what no one else was ever willing to tell me. You talk about what people really need to know" - Mr P.

This course will enable you to educate yourself with the necessary skills needed, develop understanding of dementia-related illness and empower yourself to provide the best possible care for your loved-one.

Understanding the types of dementia.

Problem solving.

Learn the traits of a good caregiver.

Legal and financial challenges.

The three priorities care.

Day to day caregiving techniques.

Communication skills.

Family dynamics

Behavior challenges.

How to create a long term care plan.

Finding resources.

Shopping for services like in-home care.

....and learn how to manage your own self care while caring for your loved one.

Participants who complete the entire course will receive a certificate of completion.



For info about class times and locations call 505-310-9752 or email admin@thememorycarealliance.org www.thememorycarealliance.org. On-site and in-home respite care is available for every class.

Developed and presented by David Davis, Founder and Executive Director of The Memory Care Alliance. David was a caregiver for his mother who lived with Alzheimer's for eleven years. He was a former regional manager for the Alzheimer's Association in Santa Fe. His experience, unique way of educating and direct approach make "Prepare to Care" not only informative but entertaining. This is the ultimate game changer for every caregiver.